



Behind The Scenes Tour 24 Hour Fitness Worldwide

Wednesday, January 16, 2008

11:30 AM - 2:30 PM

*First Meet for Lunch and Network with you Peers at:
Pat & Oscar's Restaurant
965 Palomar Airport Road
Carlsbad, CA, 92009*

24 Hour Fitness Worldwide, the world's largest privately owned and operated fitness center chain, began as a one-club operation in 1983. From the start, 24 Hour Fitness Worldwide Chairman and visionary, Mark S. Mastrov, had a vision to make fitness a way of life by creating the ultimate in multi-sport fitness centers and making them affordable and accessible to people of all abilities and fitness levels.

By the end of 1994, that lone club had grown to more than 32 fitness centers in Northern California, giving birth to the 24 Hour Nautilus fitness chain. Convenient locations, the latest equipment, affordable pricing, knowledgeable staff and outstanding service – all available up to 24 hours a day, seven days a week – contributed to the company's tremendous growth and success.

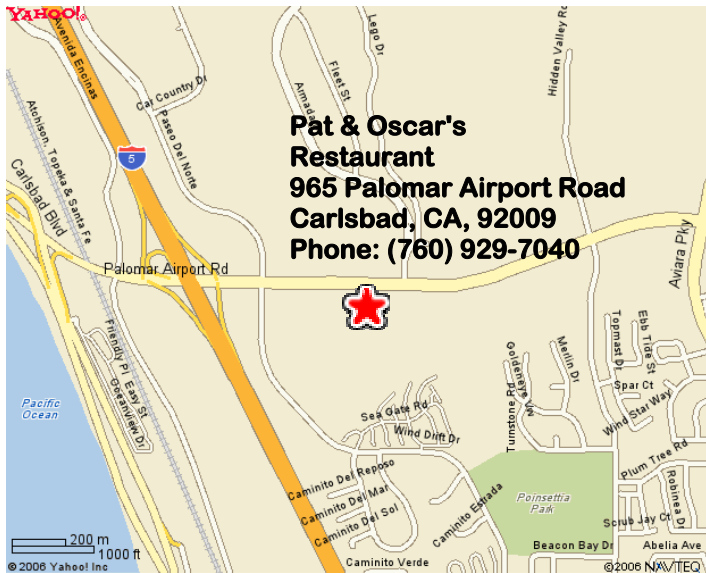
24 Hour Nautilus made headlines in 1994 when it partnered with investment banking firm McCown DeLeeuw & Co. Soon thereafter the Southern California based Family Fitness Centers chain was acquired and the name 24 Hour Fitness was born. 24 Hour Fitness has since grown to more than 400 clubs in 16 states and become the largest privately owned and operated fitness center chain in the United States and world.

The company expanded to Asia in 2000 through the purchase of Ray Wilson's California Fitness Centers, and currently operates facilities in four Asian countries. The company now boasts more than 3 million members worldwide.

Take Advantage of this unique opportunity to get an inside look at how one of San Diego's largest private companies is managing a vast amount of records. 24 Hour Fitness has been listed on the Forbes Top 500 Largest Private Company List in 2000, 2001, 2002, 2005 and 2006.

The tour will include:

- Visits with multiple departments including Accounts Payable, Human Resources and Records Departments
- At least one individual from each department will speak about the job they perform.
- Observe filing functions by Accounts Payable and Human Resources.
- Learn how the Records Department handles documents that are received from 400 remote locations.
- Discover why imaging is performed on some but not all of Accounts Payable documents.
- Find out about plans for implementation of an electronic membership agreement in April which will substantially reduce document management overhead in the Records Department.
- View how mobile file cabinets are still a necessity for paper records.
- Gain knowledge of the management of 60,000 off-site boxes of records.



**Behind the Scenes Tour of
24 Hour Fitness
Wednesday, January 16th, 2008
11:30 am – 2:30 pm**

We will be meeting at Pat & Oscar's Restaurant for lunch. Pat & Oscar's is located by Costco at the intersection of Palomar Airport Road and Armada Drive in Carlsbad.

After lunch we will proceed to 24 Hour Fitness which is located 3.5 miles from the restaurant.

To Register: FAX form to Debra Doerfler at 760-720-6917, email ddoer@ci.carlsbad.ca.us, or call 760-434-2806 **NO LATER than 3:30 p.m., Monday, January 14, 2008.** Cancellations later than 48 hours prior to event will be billed to the person registered. Payment of cash or check payment is required at registration. *Please register early, as seating is limited.*

	Pre-Registered San Diego <u>Chapter Member</u>	Walk-in Registration San Diego <u>Chapter Member</u>	National ARMA or Non-Member	Vegetarian <u>Lunch</u>
(please circle)	\$25.00	\$35.00	\$35.00	Yes
	***** Includes lunch at Pat and Oscar's *****			

Name: _____

Organization: _____

Phone: _____ Fax : _____ Email _____

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